



News Leader[®]



Vol. 36, No. 45

Fort Sam Houston — Home of Army Medicine

Nov. 10, 2004

Briefs . . .

Veterans Day Ceremony

A Veterans Day Ceremony will be at the Fort Sam Houston National Cemetery, 1520 Harry Wurzbach, Thursday. The musical prelude starts at 9:30 a.m. and ceremony at 10 a.m. Keynote speaker is retired Brig. Gen. John W. Nicholson, Undersecretary for Memorial Affairs, Department of Veterans Affairs.

Museum hours

Commemorate Veterans Day with a visit to the Fort Sam Houston Museum from 10 a.m. to 4 p.m. Thursday. The Museum is in Bldg. 123, Stanley Road. Call 221-1886.

Veterans Day closures

The Gen. Vogel Processing Center, Bldg. 367; the Student Personnel Processing Center, Bldg. 1290; and the Brooke Army Medical Center ID Card Office will be closed Thursday and Friday. Service resumes Monday at 7:30 a.m.

Education center closure

The Fort Sam Houston Education Center, Bldg. 2248, will close Thursday and Friday. Services will resume Monday at 7 a.m.

Native American Heritage Pow Wow

The Pow Wow is Saturday at School Age Services, Bldg. 1705, Winans Road, from 10 a.m. to 9 p.m. The event is free to the public.

Doors open at 10 a.m., followed by Kiowa Gourd Dancing at 11 a.m. and 5 p.m. Grand Entry is at 1 and 6:30 p.m.

For more information, call Master Sgt. Michael Boehringer at 221-9276 or Maria Preda at 221-9356.

If reasonable accommodation is required, call 221-9401.

Vaccination clinic

The Fort Sam Houston Vet Clinic will sponsor a vaccination-only clinic for dogs and cats from 4 to 8 p.m. Tuesday; only pets of active duty, dependents and retirees with a valid ID card can receive services. Reservists on active-duty status will need to bring in a copy of their orders. Regular prices will apply; cash, checks and credit cards will be accepted. For more information or to make an appointment, call 295-4260.

Officer candidates

Soldiers interested in attending Officer Candidate School must complete application packets and send them to the Personnel Management Branch by Dec. 1. Local interviews will be Dec. 8. For more information and an OCS application packet, stop by personnel, Bldg. 2263, Room 216, or call 221-1839.

Parade salutes veterans



Photo by Esther Garcia

Maj. Gen. George W. Weightman, U.S. Army Medical Department Center and School and Fort Sam Houston commander, and 1st Lt. Teresa Nefflen, aide-de-camp, wave to the crowd at the fifth annual Veterans Day Parade held Saturday in San Antonio. Following closely are the "Cougars" from C Company, 232nd Medical Battalion, led by Drill Sgts. Tracy Outlaw and Michelle Johnson. The driver of the humvee is Staff Sgt. Clayton Pollock, Academy Battalion, 32nd Medical Brigade.

339th Military Intelligence Company activates to support War on Terror

By Elaine Aviles
Fort Sam Houston News Leader

With an audience of friends and family members, the 339th Military Intelligence Company was activated Sunday to help fight the Global War on Terrorism.

The 339th MI Company, from the 90th Regional

Readiness Group, falls under the 470th Military Intelligence Group to provide intelligence to U.S. Army South and U.S. Southern Command.

The company is one of the first Army military intelligence "multi compo" units, a unit comprising active-duty and Reserve Soldiers.

"Today we witness some-

thing novel," said Brig. Gen. Phillip Hanrahan, 90th Regional Readiness Group commander. "The multi compo unit is fairly new to the Army, but the way of the future. Active and Reserve Soldiers are both vital components. This unit will become a shining example to active, Reserve and the Army as a whole."

"Both active-duty and Reserve Soldiers bring something vital to the table," said Capt. Samuel Taylor, the newly appointed 339th MI Company commander. "The active-duty have the every day experience, and the Reservists bring their military and civilian job experience to the team."

See **ACTIVATES** on Page 3

Gate operations change at Wilson, New Braunfels

By Phillip Reidinger
Fort Sam Houston Public Affairs Office

To help accommodate Fort Sam Houston's work force access to the post during peak hours, post leaders have extended hours at the Wilson and New Braunfels gates.

The Wilson Gate at Cunningham will open 5:30 to 8 a.m. Mondays through Fridays, excluding holidays, for inbound and outbound traffic, and from 4 to 6 p.m. for exiting traffic only.

The New Braunfels gate at Grayson Street will open from 11 a.m. to 1 p.m. and 4 to 6 p.m. Mondays through Fridays for exiting traffic only.

The newly constructed Harry Wurzbach gate at Dickman Road will operate, as previously announced, Mondays through Fridays from 5:30 a.m. to 10 p.m. and on weekends and holidays from 8 a.m. to 10 p.m.

The new gate operations will begin Monday.

The Provost Marshal will enforce the decaling of vehicles for military and civilian employees working on the installation.

Fort Sam Houston has two passes available to people needing installation access, a daily visitors and temporary vehicle pass.

See **GATE CHANGES** on Page 3



Maj. Gen. George W. Weightman
AMEDDC&S and FSH commander

Safety sense can reduce risks over holiday weekend

By Maj. Gen. George W. Weightman
AMEDDC&S and FSH commander

During Veterans Day, we will be honoring those who served, suffered, sacrificed, and died for the sake of our liberty. This Veterans Day, let’s also remember those currently deployed outside the United States.

For those of you planning to travel, hunt or participate in other fall activities, remember to exercise good safety sense and precautions. Planning ahead and applying risk management procedures can greatly reduce risks. Privately owned vehicle hazards and hunting accidents are major contributors to tragic holiday statistics. Thirteen POV and four

motorcycle Class C (lost time) accidents occurred to Soldiers assigned to Fort Sam Houston, in fiscal 2004. We must be vigilant in our actions and procedures to decrease this trend. Always use seat belts and get plenty of rest when traveling long distances. Never drink and drive. Remember to adjust the speed of your vehicle to the conditions of the road. Prior

to operating a motorcycle you must attend a motorcycle safety course. If you enjoy hunting, take all precautions when using firearms. Apply risk management to all your activities. I expect everyone’s involvement and commitment to make this Veterans Day weekend free of serious accidents and tragedies. Enjoy a safe and happy holiday!

Fort Sam Houston News Leader

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Activates



(Above) Capt. Samuel Taylor, 339th Military Intelligence Company commander, receives the newly uncased 339th guidon from Col. Rey Velez, 470th MI Brigade commander, as 1st Sgt. Jose Montenegro awaits the guidon.

(Right) Brig. Gen. Phillip Hanrahan, 90th Regional Readiness Group commander, addresses the activation ceremony participants and guests. During his speech, Hanrahan described the role of military intelligence specialists and pledged his full support to the newly activated 339th Military Intelligence Company.



Continued from Page 1

The company stood up to help meet the demand for intelligence assets to fight terrorism, said Sgt. 1st Class Ricardo Sanchez, Operations Battalion S3 NCO in charge. The company is also part of a military intelligence restructuring creating Theater Intelligence Brigades to do work in theater. The 339th MI Company's theater covers the Caribbean, Central and South America.

"We've had multi compo type units go into Iraq and Afghanistan but it's not as common stateside,"

Sanchez said. "The company will do its work from Fort Sam."

The company's work involves analyzing information, or intelligence.

Hanrahan likens their job to a puzzle.

"An intelligence officer once told me that it's the job of intelligence specialists to collect the pieces of a puzzle," he said. "Problem is, they don't know what the puzzle looks like. Luckily, we have very intelligent Soldiers, like the ones here, to put the puzzle together. As the Soldier told me, 'If we can put the puzzle together, we can save lives.' That's a mission to be proud of."



Photos by Elaine Aviles

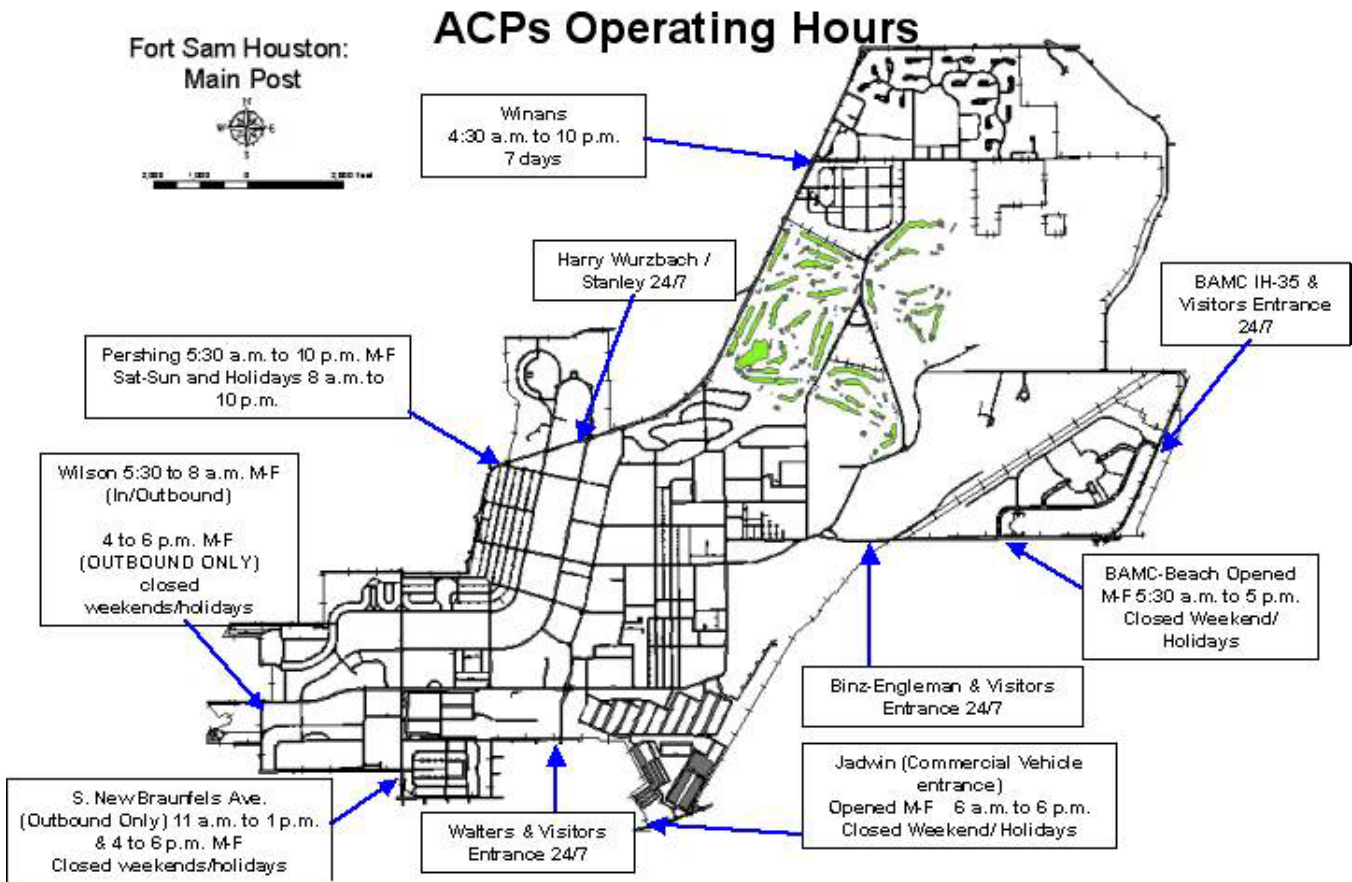
Maj. Peter Moons, commander of troops, calls "order arms" to the Operations Battalion staff as the national anthem starts. The staff is (from left) 1st Lt. Geralyn Bennett, Capt. Gabriel Menchaca and Maj. Edgardo Ortiz.

Gate changes

Continued from Page 1

The daily visitors pass is issued to people needing access for one day. The pass is issued at the Walters, Binz Engleman, Brooke Army Medical Center Interstate Highway 35 and Camp Bullis gates. The pass is only valid for the day of visit and expires at midnight. The pass is valid at all access control points except Wilson and Harry Wurzbach West, which are decal-only gates.

The temporary vehicle pass is issued for two days up to six months to people on TDY status, employed on Fort Sam Houston, transacting official business on post or with a rental or borrowed vehicle. The pass is issued Mondays through Fridays from 7:15 a.m. to 3:45 p.m. at In/Out Processing, Bldg. 367, adjacent to the post office. To acquire this pass, people must provide proof of insurance, driver's license, vehicle registration or rental agreement, and Department of Defense ID card. The pass is valid at all ACPs. For more information about vehicle passes, call 221-0213.



CFC seeking to raise funds for Soldier services

WASHINGTON – There is still time for Soldiers and Army civilians to donate to the Combined Federal Campaign, the largest workplace charity drive in the country.

The CFC, which is authorized to solicit contributions from government employees and military personnel for thousands of federally qualifying charities, is accepting donations until Dec. 15, said Mike Ornstein, spokesman for the federal government's Office of Personnel and Management, which oversees the CFC.

CFC officials say that last year the campaign collected nearly \$250 million, breaking its fundraising record. They hope to achieve a new high in donations this year.

"Over the past couple of years, national attention has focused on worldwide events. Even with that, federal employees and men and women in uniform have responded generously," Ornstein said.

Donors to the CFC are allowed to select what organization they want the money to go to. This ensures that the donation goes to

the needs the donor feels is most important, according to CFC publications.

There are more than 1,400 national and international charities, as well as around 40,000 local charities that receive donations through the CFC. These charities range from military, veteran and patriotic organizations to human and civil rights organizations to environmental organizations to religious and cultural organizations.

A number of military-support organizations are eligible for – and to a large degree depend on – funding from the CFC.

Without ACS, "all of these things we do just wouldn't happen," she said.

To receive CFC funds, organizations must meet strict standards – they must have tax-exempt non-profit status; they must provide service, benefits or assistance to activities that promote human well-being; they must spend no more than

25 percent of their revenue on fundraising; and they must not disclose the names of CFC contributors, among other rules.

Soldiers and Department of the Army civilians can donate to the CFC by contacting their local representative.

For more information, visit the official CFC homepage at www.omp.gov/cfc or CFC Today, an organization of CFC recipients at www.cfctoday.org.

(Source: Army News Service)

Extra! Extra!

Public Information Office works behind scenes to keep public ‘in the know’

Story and photo by Elaine Aviles
Fort Sam Houston News Leader

(This is the sixth in a series of Most Efficient Organization articles highlighting the MEO’s eight new divisions. The MEO stood up Oct. 1.)

Whether conducting whirlwind tours, racing for the perfect “shot” or shadowing a famous celebrity, the Public Information Office staff is behind the scenes at just about every event on post.

Although the smallest of the Most Efficient Organization divisions with four employees, the office makes up in knowledge what it lacks in size.

“As public affairs specialists, we have to know a little bit about everything on

post so we can either write about it or coordinate a suitable event,” said Yolanda Hagberg, PIO supervisor.

These “jacks of all trades” are responsible for maintaining a public affairs program that increases public awareness of the Army and Fort Sam’s varied missions and events. The program includes community relations, media relations and command information.

“Community relations includes Army- and civilian-directed events,” Hagberg said. “We coordinate support and participation for a wide range of events.”

Army-directed events include the Army Birthday, Veterans Day, Prisoner of War/Missing in Action commemoration and the upcoming holiday tree lighting ceremony. Civilian-directed events include Fiesta, Army band concerts and requests for speakers and tours.

“We take these events from cradle to grave,” Hagberg said. “We’re there from the initial request to follow-up support.”

Some events, both planned and unplanned, draw media attention. While media members may visit most areas of the post, for security reasons, they must be escorted while on a military installation.

“We assist with media entry to Fort Sam and ensure they understand and comply with security policies,” Hagberg said.

Working with the Continuing Government Agency, which provides MEO contract quality control, PIO also responds to queries and prepares press releases.

PIOs last, and most visible, role is the command information program, which primarily consists of the Fort Sam Houston News Leader, the post newspaper. The 36-



Olivia Mendoza, Public Information Office community relations assistant, reads the Fort Sam Houston News Leader. PIO, one of eight Most Efficient Organization divisions, produces the post newspaper, coordinates community relations events and assists with media relations.

to 40-page paper, published every Thursday, offers commanders an avenue to disseminate vital information to the post community.

“People pick up the paper to find out about what’s happening on Fort Sam,” Hagberg said. “Hopefully everyone, whether military, civilian or family member, can find a section of interest in the News Leader.”

Hagberg encourages people to send their feedback about the paper to news.leader@samhouston.army.mil.

“There’s always room for improvement,”

she said. “We welcome people’s input and will do our best to accommodate requests.”

Although the MEO left its mark throughout the garrison, Hagberg said the change was a positive one for her office.

“If customers notice any change, it’s quicker service since we have a bigger staff now,” she said. “I’m excited about the future and have great expectations for what we can do for the community.”

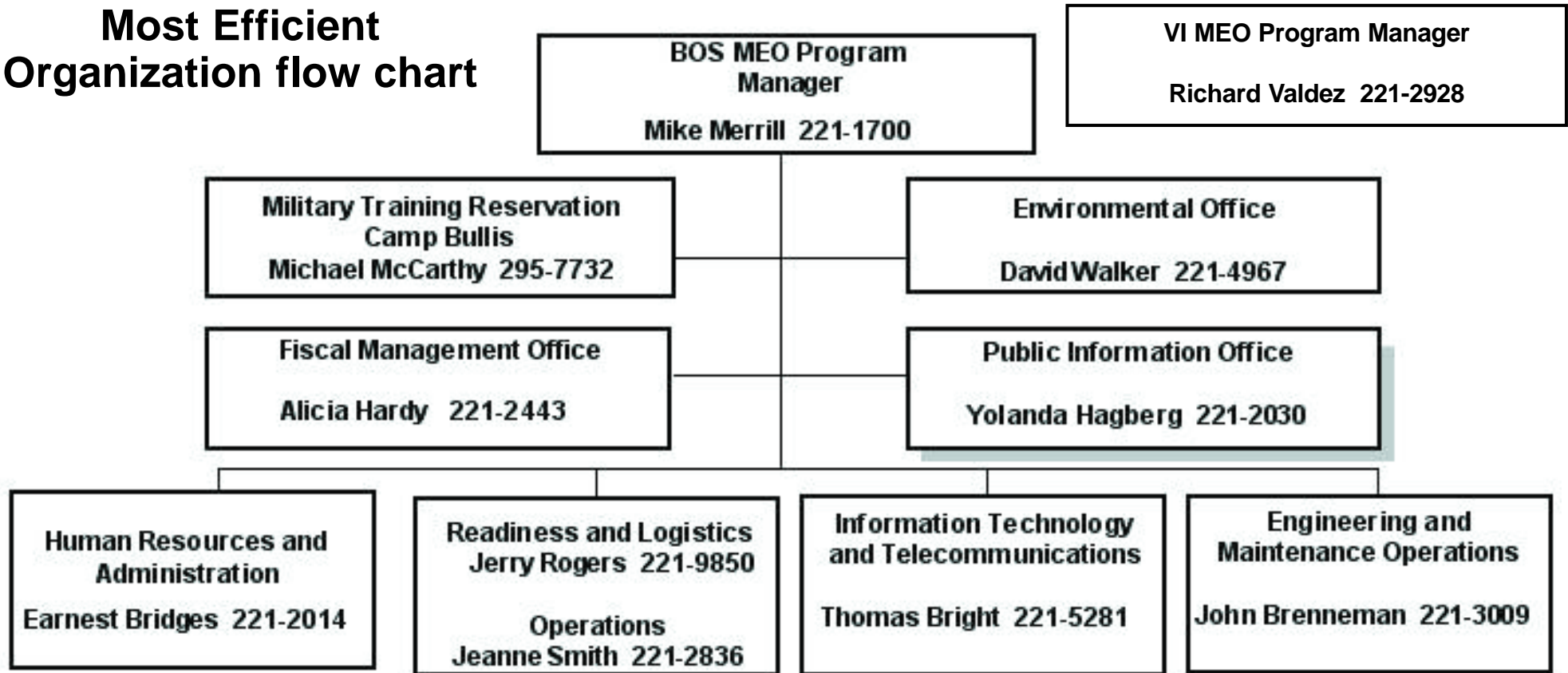
For more information or PIO assistance, call Hagberg at 221-2030.

Public Information Office
For Community Relations assistance/questions:
Yolanda Hagberg 221-2030
Olivia Mendoza 221-0546

For Media Relations:
Yolanda Hagberg 221-2030

For News Leader submissions, coverage or story ideas:
Elaine Aviles, editor, 221-0615
Send information/submissions to news.leader@samhouston.army.mil or fax to 221-1198.
The News Leader deadline is the Monday prior to publication at noon. People are encouraged to send information earlier if possible.

Most Efficient Organization flow chart



Ethics Training

The following is a schedule for the ethics training for Army Medical Department Center and School and Fort Sam Houston military and civilian personnel:

Ethics Training Schedule	
Date	Time
Nov. 17	9:30 to 10:30 a.m.
Dec. 1	9:30 to 10:30 a.m.
Dec. 15	1:30 to 2:30 p.m.

This training is mandatory and attendance will be reported to the Acting Secretary of the Army.

All training will be held in Evans Theater, Bldg. 1396, on Garden Avenue. No reservations are required and seating is on a first come basis.

Commanders and supervisors may contact Mario Rendon by e-mail at the Administrative and Civil Law Division, Office of the Staff Judge Advocate, AMEDDC&S and Fort Sam Houston, for an electronic copy of the sign-in sheets to verify their employees' attendance.

For more information, call the Ethics Counselor, AMEDDC&S and Fort Sam Houston, at 221-2373 or 221-0485.

TAG

Continued from Page 4

Defense Department leaders that the National Guard could execute that type of mission and relieve active Army of peacekeeping and humanitarian missions. The National Guard has taken that role completely," Marty said.

Immediately after the attack Sept.11, 2001, the 147th fighter group at Ellington Field was alerted and escorted Air Force One from Florida at the request of President Bush, who was a member of that unit. The Texas National Guard also received the airport security mission and was the first to complete training and respond with nearly 1,000 guardsmen at 26 airports. The Texas Guard also supported the Border Patrol and U.S. Customs at every port of entry in addition to providing security for critical national assets.

Marty noted the 204th Air Force Security Forces from El Paso, Texas, was sent to Afghanistan to secure airfields as well as the Air Guard C-130's from Carswell AFB. Additionally, the 136th Regional Training Regiment deployed to train Afghan Soldiers and is preparing to deploy a second time.

More than 4,400 Soldiers served in Iraq initially, including the G Company Chinook helicopter unit out of Dallas, Battery B of 131st Field Artillery, a Personnel Service Battalion, a finance detachment, a rear operations center headquarters and the 124th Cavalry squadron that performed security missions.

"We are going to deploy this year the first combat brigade to Iraq – the 56th Brigade of the 36th Division that includes approximately 3,000 Soldiers. The 386th Engineer Battalion out of Corpus Christi, Texas, is at Camp Shelby, Miss., completing training for deployment to Operation Iraqi Freedom and will join the 273rd Cavalry Regiment from Tennessee," Marty said.

Future Texas National Guard deployments include a 1000-member Kosovo peacekeeping mission, deploying an infantry battalion to the Sinai and sending an infantry battalion and the 111th Area Support Battalion to Afghanistan.

"We are a very busy organization. The sun does not really set



Lt. Gen. Wayne Marty meets with retired Gen. Ralph Haines following his remarks at the Association of the U.S. Army luncheon. Marty spoke to a capacity audience of military and civic leaders at the NCO Club. The luncheon was one of several community-wide San Antonio Greater Chamber of Commerce sponsored Celebrate America's Military events.

on the Texas National Guard. We are poised to accept the future missions of the Army and the Texas National Guard with the addition of two units of action including aviation, combat support and combat service support elements," Marty said.

The Texas National Guard also is key to Homeland Security operations in the state providing critical assets assisting with shelter relief, weapons of mass destruction preparedness, mass decontamination readiness and hazardous incident response by the Texas Medical Rangers and the Texas homeland defense civil support teams led by Brig. Gen. Charles Rodriguez.

Air Force Association hosts combat breakfast

Story and photo by Phil
Reidinger
FSH Public Affairs Office

Medal of Honor recipient retired Col. Robert Howard kept the attention of officers, NCOs and enlisted members of the local Army and Air Force bases as he recounted personal recollections of combat and valor during the annual Air Force Association combat breakfast.

Maj. Gen. John Gardner, U.S. Army South commander, was introduced by breakfast coordinator Dr. Kaye Biggar.

Howard recognized the top NCOs of the armed services and special guests such as Soldiers returning from Iraq and Afghanistan attending the event that was held for the first time at American Legion Post #2 on Fredericksburg Road.

Howard asked the audience to remember the thousands of America's fighting men buried in 121 cemeteries all over the world.

"There is even a cemetery in Russia that dates to 1921 where American Soldiers are buried," he said.



Medal of Honor recipient retired Col. Robert Howard accepts a commander's coin from Fort Sam Houston Garrison Commander Col. Garry Atkins following his remarks at the Air Force Association annual combat breakfast.

Howard emphasized America's armed forces need to be aggressive and maintain an offensive spirit.

"Soldiers, Marines, Sailors, and Airmen are willing to fight and die fighting if they believe they are fighting for what is right," he said.

"We are in Iraq and Afghanistan to provide them an opportunity for independence and to eventually fight for themselves."

Howard said that America's armed forces make a difference wherever they are stationed around the world.

Celebrate America's Military Week



Photo by Esther Garcia

City Councilman Carroll Schubert, District 9, and Chair of the City Council Military Affairs Committee, presents Lt. Gen. Robert T. Clark, Fifth U.S. Army commander, the city's proclamation commemorating Celebrate America's Military Week at the opening ceremony held at the HEB corporate headquarters. Hosted by the Greater San Antonio Chamber of Commerce, the Nov. 3 opening ceremony began weeklong events that have been a part of the Veterans Day and Armed Forces Day tradition saluting the community's military family. Clark, who served as keynote speaker, spoke about the contributions of the nation's Armed Forces supporting Operations Iraqi Freedom and Enduring Freedom in Iraq and Afghanistan.



DoD clarifies troop support mail policy

Department of Defense officials announced the continued suspension of the “Any Servicemember” mail program. Accordingly, the general public is urged not to send unsolicited mail, care packages or donations to service members during the holiday season.

During this time of the year, the number of donation programs increases and causes mail from families and friends to be mixed with mail from unknown sources resulting in delivery delays.

DoD continues to emphasize that names and addresses of military service members must

not be distributed by the media, Web sites, companies, non-profit organizations, schools and individuals for the purpose of collecting letters of support or donations for mailing to service members.

Service members should receive mail only from those friends and family members to whom they personally give their address.

Military addresses should not be passed around by family members for use by donation programs. Unknown mailers could then obtain those addresses and mail harmful items to service members.

For these reasons, DoD continues to indefinitely suspend general donation programs from unknown mailers.

Americans, who don’t have loved ones deployed overseas, can still show support during the holidays by other means. A list of these programs is available at <http://www.defendamerica.mil>.

To guarantee mail arrives in time for end of year holidays, family members are encouraged to view the mailing guidelines at <http://www.usps.com/cpim/ftp/bulletin/2004/pb22138.pdf>.

(Source: Department of Defense news release)

Antiterrorism Awareness: Suspicious Packages

What to look for ...

- Strange place - possibly mailed from foreign country
- Unknown/unusual sender, unusual markings
- Postmark and return address different or no return address
- Excessive postage
- Marked “Confidential, For Eyes Only, Personal for” receiver
- Addressed to title only or wrong title with name
- Hand addressed - incorrect spelling, rank, title
- Abnormal or unusual size
- Oily stains, discolorations
- Oddly protruding wires or strings
- Unusually heavy or light, rigid or bulky
- Lopsided or unevenly balanced - bumps or lumps
- Unduly wrapped or sealed, excessive tape or string
- Peculiar smell (shoe polish or almonds)

What to do ...

- Treat with care - don’t shake or bump

- Isolate, if possible, and look for indicators
- Do not cut tape, strips or wrapping
- Do not open, smell or taste
- Treat it as suspect

If a parcel is open and/or a threat is identified ...

Suspected bomb

- Immediately notify supervisor and military police or 911 (off post)
- Evacuate

Suspected radiological threat

- Limit exposure - don’t handle
- Shield yourself from object
- Evacuate the area - get distance
- Immediately notify supervisor and military police or 911 (off post)

Suspected biological or chemical threat

- Isolate - don’t handle
- Immediately notify supervisor and military police or 911 (off post)
- Wash hands with soap and warm water

For more information, call Terri Stover, FSH Antiterrorism Office, at 295-0535.

Overseas holiday mailing deadlines

The recommended deadlines for sending mail from the United States to all overseas military mailing addresses for the holidays are:

- Parcel post: Saturday.
- Space-available mail: Nov. 27.
- Parcel airlift mail: Dec. 4.
- Priority and first-class letters/cards: Dec. 11 (Dec. 6 for APO 093).
- Express mail military service: Dec. 20 (Not applicable for APO 093).

— People sending mail to an overseas APO or FPO should not use the geographical location. For example, do not use Baghdad, Iraq, on the address. This will cause the mail to be placed into the international mail system and may cause severe delays.



INSTALLATION FALL CLEAN UP

Nov. 15-19

REMINDER



All personnel residing in government quarters will participate in Fall Clean Up. Residents are responsible for insuring their areas are in compliance with the Family Housing Handbook. Additional requirements include coordination by the Senior Resident for area beautification of playgrounds, Cal-De-Sac's, sidewalks, parking areas and surrounding areas. Place large bulky items in dumpsters located in your housing area, or in front of quarters for pickup by unit sponsor. (Staff Post residents, place trash in rear). Separate and label hazardous material from other trash. For hazardous waste disposal, call 221-4842. For more information, please contact your Senior Resident.

Inspection of all areas is scheduled for Nov. 18
PLEASE DO YOUR PART TO MAKE FORT SAM HOUSTON BEAUTIFUL
Housing Area Senior Residents/Mayors

Infantry Post
Infantry Post
Artillery Post
Wheeler
Onshore
Dehnan
Grogan Cir
Bridgford
Patch
Chaffee
Chaffee
Chaffee Alternate
Marvin Wood

CPT Schupbach, Edward
SDF Ayler, Heber
COL Roswell, John
COL Haskins, John
COL Rinehart, Carman
COL Shepherd, Karl
COL Parker, Keith
MSG Johnson, Willie
MAJ Salazar, Ramon
MSG Otter, Darin
MSG Brooks, Michael
MSG Sanikow, Wendell
MSG Casey, Christopher

221-1608
221-2407
916-6727
916-3799
221-3077
916-4001
221-7802
221-7612
295-620405
295-8187
221-1608
221-7621
295-0629

Welding Terrace (Bondsteel)
Welding Terrace (Kimbos)
Welding Terrace (Vidale)
Welding Terrace (Muelor)
Welding Terrace (Parr)
Welding Terrace (Calagard)
Welding Terrace (Decker)
Welding Terrace (Cotton)
Welding Terrace (Dean)
Welding Terrace (Gardner)
Welding Terrace (Gardner)
Welding Terrace (Burge)
Welding Terrace (Ashby)
Welding Terrace (Barkley)
Welding Terrace (Johnson)
Welding Terrace (Rothgaster)
Welding Terrace (Buckner)

MSG Trepkowski, Timothy
SFC Means, Dennis
SFC Polite, Ronald
SFC Shes, Gregg
SFC Duke, Steven
MSG Lambeth, Donald
SFC Simmons, Wayne
SFC Howard, Michael
SFC Landry, John
SFC Gantlin, Gordon
SSG Macarrondo, Victor
SFC Hoffman, Scott
SFC Heatherly, Matthew
SFC Robinson, Hal
SFC Lavinia, Harold
SSG Bringham, Terry
SFC Gordon, James

221-8040
221-4589
221-6076
221-6387
858-8882
295-6419
221-6264
221-8346
295-8572
221-1614
916-6076
295-0249
221-1626
721-8285
221-7581
295-7529
221-6365



Andrew Carrel, a member of the United San Antonio Pow Wow performs the Eagle Dance during the National Native American Indian ceremony Thursday at Evans Theatre.

Community celebrates Native American Indian heritage

By Yolanda Hagberg
Public Information Office

Native American dancers from the United San Antonio Pow Wow dressed in traditional colorful attire set the stage for an informative and historic presentation during a ceremony that signaled the beginning of National Native American Indian Heritage Month Thursday at Evans Theatre.

“A nation is only as strong as its people and Native Americans have played a unique role in the history of our nation,” said Maj. Gen. George W. Weightman, U.S. Army Medical Department Center and School and Fort Sam Houston commander, as he welcomed the audience and highlighted the military contributions made by Native Americans.

“It may surprise you, but Native Americans have the highest military enlistment rate of any ethnic group in the United States. American Indians have participated in U.S. military actions as far back as the War of 1812, serving with pride, courage and distinction. Even before they were recognized as U.S. citizens, as many as 12,000 fought in World War I, and nearly 48,000 enlisted during World War II,” said Weightman.

“I would ask that each of you join with me in celebration of National Native American Indian Heritage Month by honoring the rich, cultural traditions, the proud ancestry and vital contributions to this nation that American Indians and Alaskan Natives have made,” he concluded.

Keynote speaker, Col. Gaylord Lindsay III, who traces his American heritage to the Choctaw Nation, arrived in traditional Indian attire. Lindsay began his presentation by highlighting the recent opening of the National

Museum of the American Indian in Washington, D.C. He said the museum represents a period of reconciliation for American Indians.

Using a series of photographs and slides, he then transported the audience through historic periods of the American Indian from the discovery of the new world in 1492 to various events that followed such as the explorations and colonization and the establishment of the Comanche tribe. “It has been a long journey for Native American Indians. For the Indians of Texas, this journey has taken over 460 years.

“I want to talk about reconciliation. However, to understand exactly what is being reconciled, I must reset the truth on history as is it written,” said Lindsay. He continued to explain history of the Comanche tribe and their struggle to maintain hold on the Comancheria area that included Texas. “The Comanche had excellent horsemen and were at this time Lords of the Southern Plains,” continued Lindsay. Various hostile encounters with the Comanche in Texas included the Comanche-led Buffalo Hump engaged at Plum Creek. He talked about the last surrender of the greatest War Chief June Quannah Parker that happened in 1875.

“We have, as a nation traveled a journey over 500 years to become the great nation we are, but we are still on the journey to reconciliation,” Lindsay concluded.

Lindsay is currently assigned to the U.S. Army Medical Department Center and School as president of the U.S. Army Medical Department Board.

The ceremony also included demonstration of traditional Native American dances with audience participation and the reading of the proclamation by Arcelia Longoria, human relations officer.



Wearing traditional regalia of the Kiowa Gourd Dance Society, Col. Gaylord Lindsay III speaks to the audience about the Native American Indians’ journey to reconciliation.



U.S. Army Garrison Commander Col. Garry Atkins (left) and U.S. Army Medical Department Center and School and Fort Sam Houston Commander Maj. Gen. George Weightman participate in traditional American Indian dances with ladies from the United San Antonio Pow Wow.

National Native American Indian Heritage Month – Honoring the Veterans Pow Wow

The Pow Wow is Saturday at School Age Services, Bldg. 1705, Winans Road, from 10 a.m. to 9 p.m. The event is free to the public.

Doors open at 10 a.m., followed by Kiowa Gourd Dancing at 11 a.m. and 5 p.m. Grand Entry is at 1 and 6:30 p.m.

Mission permitting, commanders and directors should allow Soldiers and employees the opportunity to attend the event.

For more information, call Master Sgt. Michael Boehringer at 221-9276, or Maria Preda at 221-9356. If reasonable accommodation is required, call 221-9401.

***Housing
demolition safety***



Demolition of 60 homes and associated carports in the Harris Heights neighborhood is under way. The work is scheduled for completion in January. Every effort is being made to minimize disruption of daily activities. People, especially children, should remain outside the demolition area and use caution when in the vicinity.

Demolition derby



Photo by Esther Garcia

Garrison Commander Col. Garry Atkins demolishes an old 1950s era house at Harris Heights located at 1311 Forage. Sixty units are scheduled to be demolished by the end of January. The old family quarters are replaced by 60 new units constructed adjacent to the Patch-Chaffee Housing area. The total cost for the demolition and construction of the new homes was \$11.2 million.

All in the family



Photo by 1st Lt. James E. Silvertrim
Pvts. Adam (left) and Keith Linton, F Company, 232nd Medical Battalion, are training to become combat medics. The brothers decided to join the Army together and will be assigned to the same Reserve unit in Florida upon completion of their training.

Orientation eases overseas moves

The Relocation Assistance Program is conducting an Overseas Orientation Wednesday at the Roadrunner Community Center at 10 a.m. and 5 p.m. The orientations are targeted according to destination. The orientation will include entitlements, reimbursements, household goods shipments, employment, education, non-command sponsor tours and reunion tours. Overseas videotapes will be shown. For more information or a reservation, call Army Community Service at 221-2418.

Army Community Service Family Advocacy Program Class Schedule

November 2004

Class Title	Dates	Class Time
Anger Management Awareness	Monday	11 a.m. to 12:30 p.m.
Basics of Breastfeeding	Wednesday	10:30 a.m. to 12 p.m.
Beyond Your First Baby	18	8 a.m. to 12 p.m.
Boys Only! Ages 9-10	Wednesday	3 to 4 p.m.
Building Effective Anger Management Skills Series 1-4 New Series (1-4)	18	11 a.m to 12:30 p.m.
Commanders Training	Tuesday, 23 and 30	11 a.m. to 12:30 p.m.
DivorceCare	18	8 to 9:30 a.m.
Girl Talk! Ages 9-10	18	11:30 a.m. to 12:45 p.m.
Healthy Pregnancy	24	3 to 4 p.m.
Helping Us Grow Securely (H.U.G.S.) Playgroup	22	12 to 3 p.m.
P.A.I.R.S. (Couples Course) (Four-part series)	Tuesday, 23 and 30	9 to 11 a.m.
SMART Girls	Wednesday and 24	6 to 7:30 p.m.
S.T.E.P. Program for Parents of School Age Children	18	4 to 5 p.m.
Stress Management I and II	Tuesday and 23	1 to 3:30 p.m.
The Middle Way Parenting Class	18	1 to 3 p.m.
Truth or Consequences? (Three-part series)	Monday, 22 and 29	6 to 8 p.m.
You and Your Baby	Tuesday, 23 and 30	4:30 to 5:30 p.m.
Saturday Marathon	24	8 a.m. to 12 p.m.
	20	9 a.m. to 5 p.m.

To sign up for classes or for more information, please call ACS Family Advocacy Program at 221-0349 or 221-2418.

Mission Thanksgiving 2004

Celebrate this great American holiday with some great Americans - our sons and daughters in uniform.



If you want to open your home to two of Fort Sam Houston's trainee Soldiers for Thanksgiving Day, please call 221-3390 or 221-4362 before Wednesday.

232nd Medical Battalion Soldier and Junior Leader of the Week



Pvt. Darren Grant, Soldier of the Week, assigned to A Company, 232nd Medical Battalion, is from Fort Lauderdale, Fla. Grant said he joined the Army “to help pay for medical school and obtain a good job skill.” Grant, who enjoys playing music as a hobby, has completed one year of college. He plans to attend medical school and become a doctor.

Courtesy photos

Spc. Wesley Wilson, Junior Leader of the Week, A Company, 232nd Medical Battalion, is from Atlanta, Ga. Wilson said he joined the Army “because of its career opportunities and for an adventure.” Wilson currently has a bachelor’s degree in communication, but is interested in the “Go Green to Gold “ program to become an officer. Wilson enjoys shooting pool and going to the gym.



November Interfaith Calendar . . .

Friday Birth of Baha’u’llah * – Baha’i (Baha’i celebration of the birth of their founder and teacher. Refrain from work.)
Friday Quds Day – Islam (Islamic time of proclaiming solidarity in support of oppressed Muslim people.)
Friday Diwali – Sikh, Hindu (Hindu Festival of Lights symbolizing the human urge to move toward the light. Gift exchanges, fireworks and festive meals.)
Friday Eid al Fitr – end of Ramadan - Islam (A 3 day Islamic fast marking the close of Ramadan. It is a festival of thanksgiving to Allah for enjoying the month of Ramadan. It involves wearing finest clothing, saying prayers, and fostering understanding with other religions.)

Post Worship Schedule

Main Post Chapel, Bldg. 2200, phone number: 221-2754.

Catholic Services:
4:45-5:15 p.m. - Confessions - Saturdays
5:30 p.m. - Mass - Saturdays
9:30 a.m. - Mass - Sundays
11:30 a.m. - Mass - Weekdays
Protestant Services - Sundays:
8 a.m. - Traditional Protestant
11 a.m. - Traditional Protestant
Jewish Services: phone numbers: 379-8666 or 493-6660.
Fridays: 8 p.m. - Worship and 8:30 p.m. - Oneg Shabbat



Dodd Field Chapel, Bldg. 1721, phone numbers: 221-5010 or 221-5432.
Catholic Services - Sundays: 12:30 p.m. - Bilingual Mass
Protestant Services:
10:30 a.m. - Collective Gospel Protestant - Sundays
9:30-11:30 a.m. - Women’s Bible Study (PWOC) - Wednesdays, childcare is provided

AMEDD Regimental Chapel, Bldg. 1398, phone number: 221-4362.

Troop Catholic Mass: Sundays:
10 a.m. - 32nd Medical Bde. Soldiers
Troop Protestant Gospel Services:
Sundays: 11:30 a.m. - 32nd Med. Bde. Soldiers
Troop Protestant Service:
9 a.m. - 32nd Medical Bde. Soldiers



FSH Mosque, Bldg. 607A, phone numbers: 221-5005 or 221-5007.
1:30 p.m. - Jumma - Fridays
10:30 a.m. - Children’s Religious Education - Sundays
7:30 p.m. - Adult Religious Education - Thursdays

Brooke Army Medical Center Chapel, Bldg. 3600, phone number: 916-1105.

Catholic Services:
8:30 a.m. - Mass - Sundays
11:15 a.m. - Mass - Sundays
11 a.m. - Mass - Weekdays
Protestant Services:
10 a.m. - Worship Service - Sundays
Noon - Worship - Wednesdays



232nd Medical Battalion Classroom, Bldg. 1380, phone numbers: 221-5005 or 221-5007. **Mormon Services:** 10:30 a.m. - Sundays

Web site: www.cs.amedd.army.mil/chaplain

Post Pulse: What does Veterans Day mean to you?



“Veterans Day means to me commitment. Remembering that freedom isn’t free, that it’s the veterans who are the ones that actually give us what we have today and tomorrow and honoring those that gave the ultimate sacrifice.”
Rolando Gonzalez, U.S. Navy retired



“Veterans Day is a day that we can publicly acknowledge every man and women who has served our country, who has given up so much. I come from a family of military and I’m very grateful and privileged to be a part of that.”
Alice Brown, visiting family member recuperating at Brooke Army Medical Center



“It is the recognition of our American Soldiers, the ones that are serving now and the ones that served before, the retirees. It is a day to recognize the American Soldiers who are doing so well for us right now at this very moment.”
Andrew Ortega, Army and Air Force Exchange employee



“Veterans Day means the sacrifices of a lot of Soldiers and families, who send their loved ones off to war. I see this everyday while working with veterans and retirees, I see how they gave some of the best years of their lives.”
Cynthia Nikkah, BAMC employee

ACAP adopts new operation procedures

In December, the Army Career and Alumni Program will implement a more effective Web-based program. Eligible Army clients, retirees and family members must have an Army Knowledge Online account to access the system. AKO accounts may be established by going to www.us.army.mil. Non-Army eligible people and family members will receive a manual briefing and retain use of ACAP services. Additional assistance, information and computer

support may be obtained at the ACAP Center. The ACAP Center provides a variety of services in the employment assistance arena. An automated, self-paced workshop can help clients explore possibilities and decide on a career path, conduct a job search, write a resume and practice interviewing skills. Three-day Transition Assistance Program workshops are also offered. ACAP counselors will critique resumes on request. The center also maintains a library of

materials dedicated to the job search and hiring process. Retirees should initiate their ACAP pre-separation counseling at least 24 months prior to retirement, and all others up to 12 months prior to separation. The center is open Monday to Friday from 8 a.m. to 4 p.m. People can call 221-1213 to schedule a pre-separation briefing or a workstation. The Fort Sam Houston ACAP Center is located in Bldg. 2264, at the corner of Stanley and Connell Roads.

FSH Newcomers Extravaganza

Permanent party in-processing Soldiers (lieutenant colonel and below) are required to attend the Newcomers Extravaganza within 60 days of their arrival. The extravaganza is the official newcomers orientation for Fort Sam Houston. An extravaganza is scheduled for Nov. 30 at 9 a.m. at the Roadrunner Community Center. Soldiers, civilians and families will have an opportunity to learn about Fort Sam Houston and San Antonio and participate in drawings, registrations and social activities. Commanders and supervisors are encouraged to allow Soldiers and civilian employees administrative time to attend. Children are welcome. For more information, call the Army Community Service Relocation Program at 221-2705 or 221-2418.

Great American Smokeout: Plan your ‘quit day’

By BethAnn Cameron
U.S. Army Center for Health Promotion and Preventive Medicine

The Great American Smoke Out Nov. 18 is the day to stop smoking. To quit smoking, it is recommended that a person make a “personal quit plan.” The plan should include several steps to ensure success. Consider a three-step plan.

- Think about the reasons for quitting:
- Decrease the chance of getting cancer, lung and heart disease
 - Easier to breathe, walk and climb stairs
 - Food tastes better and better sense of smell
 - Night vision improves
 - Better personal appearance. Less skin wrinkling, stained teeth and yellow finger nails

Plan. Choose a time to focus on staying tobacco-free. Avoid setting a date close to an activity or a holiday that causes extra stress at work or at home. Quitting during a deployment may be difficult due to adjusting to a new environment or situation.

- Act as the quit date approaches:
- Get rid of tobacco in the house, car, and workplace
 - Clean items that tobacco smoke clings to such as clothing, rugs and curtains
 - Remove ashtrays, lighters, matches, etc.
 - Get support from family, friends and coworkers
 - Avoid alcohol
 - Avoid smoking areas

Quitting smoking usually requires a combination of methods to change personal habits. Besides using medications, there are resources and self-help methods available. The American Cancer Society has a seven question “Stop Smoking Quiz” that matches smoking habits with quit methods. It gives suggestions for making a detailed plan based on smoking habits and lifestyle.

For some people, the desire to smoke can be the result of a trigger. Triggers are habits and everyday experiences that become connected with smoking. For example, drinking coffee at the kitchen table might be a trigger. To deal with triggers:

- Remove the trigger to make it easier to quit tobacco.
- Replace the trigger with something just as pleasant.
- Use relaxation as way to cope.

There may be an urge to smoke after quitting, depending on the level of nicotine in the blood, smoking patterns and lifestyle.

- The five Ds help with urges:
1. Deep breathing. Take slow, deep breaths to feel relaxed and in control.
 2. Drink water. Drink at least eight glasses a day.
 3. Do something else to keep busy. Be physically active. Chew sugar-free gum. Listen to music.
 4. Discuss your urge with a friend or family member.
 5. Delay. Don’t reach for tobacco right away; count to 100 or 200. Think pleasant thoughts. The urge to smoke passes in three to five minutes whether a person smokes or not.



Giving up tobacco requires patience. The average person tries to quit smoking several times before becoming tobacco-free. Develop a plan to deal with the “bumps in the road.” Change the plan if it’s not useful and try again.

Mark your calendar for the Great American Smokeout. Think success. Believe being smoke-free is better. A personal quit plan requires commitment, self-discipline and patience to stay smoke-free.

For more information, go to the American Cancer Society Web site at <http://www.cancer.org/>

(Source: U.S. Army Center for Health Promotion and Preventive Medicine release)

Smoke-free and courageous forever

Attend smoking cessation classes in the Health Promotion Center and learn how to find the courage to give up the nicotine habit forever, whether you smoke, dip or chew. Become one of our graduates and earn your “wings.”

Health Promotion Center
Room L31-9v, BAMC
916-3352 or 916-5538



Federal Employees Health Benefits open season runs through Dec. 13

The annual Federal Employee Health Benefit Program open season will soon be under way.

The Office of Personnel Management has announced the open season will run through Dec. 13.

To enroll in or make changes to your current health plan, go to <https://www.abc.army.mil>, or call (877) 276-9287. If you have never used the Army Benefits Center, you will have to create a point of entry and a pin number. When creating your information, keep a copy of your latest leave and earnings statement or your SF 50 Notification Personnel Action on hand for reference. Changes will go into effect Jan. 9.

For more information, call Lisa Rowell at 221-0862 or e-mail lisa.rowell@us.army.mil.

DO YOU KNOW WHAT IS ON YOUR CREDIT REPORT?

Would you like to get a credit report and have it reviewed by a credit specialist?

For more information on how you can do this, contact the Financial Readiness Branch of Army Community Service at 221-1612.



Voluntary Leave Transfer Program helps employees through medical crisis

The Voluntary Leave Transfer Program is designed to allow Federal civilian employees to donate their annual leave to other Federal civilian employees who are experiencing a medical emergency or who are caring for a family member who is experiencing a medical emergency. Leave recipients must exhaust all annual and sick leave balances and have experienced 24 hours of leave without pay to be eligible for the program.

An employee may become a leave donor by submitting a written request directly to the Fort Sam Houston Civilian Personnel Advisory Center, designating that a specified number of hours of accrued annual leave be transferred to a specified leave recipient. Leave donors can donate up to one-half of their earned annual leave per leave year.

To donate annual leave, complete OPM Form 630-A, Request to Donate Annual Leave to Leave Recipient (Within Agency) under the Leave Transfer Program, available at http://www.opm.gov/forms/pdf_fill/opm630a.pdf and fax it to 221-9328 for processing. The leave donor must sign the leave donation form; therefore, electronic transmissions cannot be accepted. For assistance or questions, contact Lena Boutelle, 221-0639 or Lou Ann Reiser, 221-2489.

Entitlement to donated leave expires when the employee (or family member) is no longer experiencing the medical emergency that supported their enrollment in the program. Supervisors and employees must notify either Boutelle or Reiser upon the employee's return to duty and when their entitlement to the donated leave ceases.

Blood is the fluid of life

The BAMC Blood Bank is running critically low of O Negative blood.
Akeroyd Blood Donor Center is reaching out to you for your support to accomplish a mission for life.

Contact the Donor Center to lend a helping hand. To donate blood now, call the Akeroyd Blood Donor Center at 295-4655 or 295-4989.



Health Promotion Center

November Class Schedule

CLASS	DATE	TIME
Breast & GYN Cancer Support Group	Today	9:30 to 11 a.m.
Breastfeeding Support Group	Friday	1 to 2:30 p.m.
Cholesterol	Monday	9 to 11:30 a.m.
Diabetes Education	Monday	12:45 to 4:30 p.m.
Breast Health	Tuesday	9 to 10 a.m.
Arthritis	Tuesday	9:30 to 11 a.m.
Office Yoga	Tuesday	12 to 1 p.m.
Diabetes Education	Tuesday	12:45 to 4:30 p.m.
High Blood Pressure	Wednesday	9 a.m. to 12 p.m.
Breast & GYN Cancer Support Group	18	1:30 to 3 p.m.
Back Pain	18	1:30 to 3 p.m.
Body Fat Testing	19	8 to 11 a.m.
Introduction to Weight Reduction	19	12 to 1:30 p.m.
Breastfeeding Support Group	19	1 to 2:30 p.m.
Diabetes Education	22	12:45 to 4:30 p.m.
Diabetes Foot Care	22	1 to 2:30 p.m.
Office Yoga	23	12 to 1 p.m.
Diabetes Education	23	12:45 to 4:30 p.m.
Breast & GYN Cancer Support Group	23	5:30 to 7 p.m.
Office Yoga	30	12 to 1 p.m.

For more information, call the Health Promotion Center at 916-3352. Health classes are offered for Department of Defense civilians and military beneficiaries.

Bachelor's degrees

Students may take all their courses locally for the bachelor of applied arts and sciences degree from Texas State University. Credit is given for work and life experience, non-collegiate and continuing education, military training, technical and vocational, and other forms of learning. An adviser is available Fridays from 8:30 a.m. to 3:30 p.m. at the education center, Bldg. 2248, or at St. Philip's College main campus off Walters Street Wednesdays and Thursdays from 2 to 5 p.m. For more information, call 659-0954 or (512) 245-2115. Application deadline is Dec. 1.



Master's degrees

Texas State University offers two master's degrees in San Antonio. Courses are available locally in the evenings or online. Master of Science in interdisciplinary Studies or Master of Education is a 39-hour program with a non-thesis option. GRE is not required to start. An adviser is available Fridays at the education center, Bldg. 2248. For more information, call 659-0954 or (512) 245-2115.

Heroes of

Community pays tribute to



Oscar Valdez, with wife Yolanda, and Jimmy Chavez, both former Korean War prisoners of war, and former Iraqi prisoner of war Spc. Edgar Hernandez, from Fort Sam Houston's Dental Activity, and wife, Edleen, are honored at the Veterans Day Parade for their contributions and sacrifices to the nation.



(Above) Members of the Distinguished Flying Cross Society wave to the crowd at the Veterans Day Parade. Driving the humvee is Spc. John Brenneman and his assistant Spc. James Carlton, from the 591st Medical Logistics Company.



(Right) Fifth U.S. Army Command Sgt. Major George Nieves proudly waves to the crowd at the Veterans Day Parade Saturday.



(Above) Staff Sgt. Cornell Herrington, drum major of the 591st Medical Logistics Company, leads the fifth annual Veterans Day Parade Saturday. H Korea.

(Right) Pat Neff Middle School students thank the Veterans Day Parade.

n parade

veterans, service members



Story and photos by Esther Garcia
Fort Sam Houston Public Affairs Office

Fort Sam Houston was among the 160 entries and more than 2,600 participants at the fifth annual Veterans Day Parade held Saturday in San Antonio. Joining the numerous veterans and civic organizations at the parade was Maj. Gen. George Weightman, Army Medical Department Center and School and Fort Sam Houston commander.

“I saw a tremendous outpouring of support from the San Antonio community. It was a genuine and enthusiastic response from the community for the different services, especially veterans and former prisoners of war,” said Weightman, a recent arrival to Fort Sam Houston. This was his first San Antonio Veterans Day Parade.

Other entries included the Military Service Float with representatives from the various installations: C Company, 232nd Medical Battalion, led by Drill Sgts. Tracy Outlaw and Michelle Johnson; Command Sgt. Major George Nieves, representing Fifth U.S. Army; Spec. Edgar Hernandez, former Iraqi prisoner of war; and Spc. Enrique Alvarado, who served in Afghanistan in support of Operation Enduring Freedom. Supporting the Veterans Day Parade with humvees were Spc. John Brenneman and Spc. James Carlton with the 591st Medical Logistics Company, Pfc. Michael Edwards from the 440th Blood Support Detachment, Special Troops Battalion, and Staff Sergeant Clayton Pollock, Academy Battalion, 32nd Medical Brigade.



Riding on the Military Service Float and representing their respective installations at the Veterans Day Parade are (from left) Sgt. Hermelinda Rippstine, Fort Sam Houston, Master Sgt. John Knotts, Air Intelligence Agency, Staff Sgt. Angelica Broner, Brooks City Base, and 1st Lt. David Allick, Randolph Air Force Base.



or for the Army Medical Command Band, leads the band at the
rrington participated in his last parade, as he will be leaving for

he veterans and military for their contributions to the country at

Fort Sam ISD Board of Trustees reorganizes

By Dr. Gloria H. Davila
Associate Superintendent

Deborah Seabron, supervisory management analyst in the Plans, Analysis and Integration Office, was recently sworn in as the newest member of the Fort Sam Houston ISD Board of Trustees. Also sworn in for their third terms were Eustace Lewis and Keith Toney.

Seabron, appointed by the garrison commander and approved by the Texas State Board of Education, will serve a two-year term. She replaces Jesus Torres, who relocated to another part of the state.

A board reorganization occurs with the addition of a new member, according to policy. Starting his fourth year on the board, Toney was re-elected president in the recent reorganization. Re-elected board vice president was Eustace Lewis, instruc-

tor with the Anatomy and Physiology Branch of the U.S. Army Medical Department Center and School. CEM Maxwell, facilities management officer for the Great Plains Regional Medical Command, was elected secretary. Also serving on the five-member board is Jeanne Warren, Youth Services director for Fort Sam Houston.

“Our board members unselfishly contribute their time and talents toward the advancement of the Fort Sam Houston schools and our students’ academic achievement. Their many contributions reflect a year-round commitment on their part,” said Dr. Gail Siller, superintendent of schools. “We proudly salute these education advocates who deserve recognition and thanks for their dedication to the continuing success of our students and schools.”



Courtesy photo
School district official Kathy Hayson (right) administers the oath of office to re-appointed board member Eustace Lewis (center) and new board member Deborah Seabron during a Fort Sam Houston ISD board meeting.

Craft time



Photo by Dr. Gloria H. Davila
Maj. Gen. George W. Weightman, Fort Sam Houston and Army Medical Department Center and School commander, and FSH ISD Board Member Deborah Seabron, learn how to make spiders from third graders Jessica Diaz (left) and Bailie Ehlers. Weightman toured the Fort Sam Houston schools Nov 5.

FSH Independent School District

Weekly Campus Activities, Monday to Nov. 20

American Education Week

Boy Scouts meeting in cafeteria, 6 to 9 p.m.

Fort Sam Houston Elementary School

Tuesday

Alamo City Heat, 1 to 2 p.m.

Wednesday

Progress reports go home

Nov. 19

Spirit Day

Robert G. Cole Jr. / Sr. High School

Tuesday

Senior class invitations briefing in cafeteria, advisory

TAKS benchmark testing, TBA

JV Cheerleading Clinic in gym, 3:30 to 5 p.m.

Boys basketball at St. Gerard, 6 p.m. and 7 p.m.

Girls basketball at Somerset, 5 p.m. and 6:30 p.m.

Wednesday

TAKS benchmark testing, TBA

JV cheerleading clinic in gym, 3:30 to 5 p.m.

Nov. 18

National Parental Involvement Day

TAKS benchmark testing, TBA

JV cheerleading tryouts in gym, 3:30 to 5 p.m.

State volleyball tourney, TBA

Nov. 19

Senior class invitations orders in cafeteria, advisory

Girls JV basketball tourney at Devine, TBA

Girls VS basketball vs. Bandera at Cole, 6 p.m.

State volleyball tourney, TBA

Nov. 20

Girls JV basketball tourney at Devine, TBA

State volleyball tourney, TBA

MWR

Recreation and fitness

Garage sale

Clean out your closets for the next garage sale, which is Dec. 4. from 11 a.m. to 5 p.m. at the MacArthur Pavilion parking lot, located on the corner of Harry Wurzbach and Stanley Road. To participate as a seller you must have a valid Department of Defense ID card. There is no cost, however, participants must pre-register by calling 221-2926 or visiting the Web page at www.fortsamhoustonmwr.com. MWR provides a space in the parking lot; participants must bring their own tables or rent one at the Outdoor Equipment Center by calling 221-5224.

Free Cycling Classes

Free introductory cycling classes are offered at the Jimmy Brought Fitness Center. Get your heart pumping with these fast paced rides set to music. Classes are Tuesdays and Thursdays from 6 to 6:45 a.m., Tuesdays and Thursdays from 11:45 a.m. to 12:30 p.m., Wednesdays from 4:45 to 5:30 p.m. and Saturdays from 9 to 9:45 a.m.

Archery Lessons

Individual and group archery lessons are available through the Outdoor Equipment Center. Instruction is given at different levels of experience, from novice to expert. Children are welcome, however, a parent must accompany dependents under the age of 18. People should wear full shoes and no oversized shirts or shorts/trousers. For more information, call instructor Skip Dawson at 221-5225.

Equipment Rentals

The Outdoor Equipment Center offers a wide variety of recreational equipment for rent ranging from fishing boats to travel trailers and other camping equipment. Other items available for rental include large Barbecue/smoker pits on trailers, canopies, tables, chairs, and play bouncers and dunking booths for unit gatherings or birthday parties. Utility trailers (both open and covered), are also available. For more information, call 221-5224, Monday through Friday, 8 a.m. to 5 p.m., or go to Bldg. 1111 on Forage Road.

60 Days of Fitness

The fitness center offers a motivating fitness and weight loss program to help people safely lose 15 pounds in 60 days using a point system. This self-paced program requires people to work out 45 out of 60 days and includes a seven-page fitness assessment, body fat analysis and body measurements. Participants will also attend two 30-minute weight loss classes. Cost for the program is \$40, which includes a T-shirt. For more information, call Lucian Kimble at 221-2020.

New Trailers at Canyon Lake

New overnight accommodations will soon be available at the Fort Sam Houston Recreation Area at Canyon Lake. Funding has been approved to purchase and install 33 new mobile home trailers. Each trailer will have approximately 1,000 square feet with bedrooms, kitchens and air conditioning. Additionally, 10 rustic cabins overlooking the lake will be built. The recreation area offers a variety of activities including camping, fishing, boating and swimming. Have a family reunion or unit gathering in one of the picnic areas or pavilions. For more information and directions, call (830) 226-5357 or (888) 882-9878. Hours are Sundays to Thursdays from 8 a.m. to 6 p.m. and Fridays through Saturdays from 8 a.m. to 8 p.m.

Intramural Basketball (Male, Female and Co-ed)

The season starts Nov. 29. For more information, call Earl Young at 221-1180 or e-mail earl.young@samhouston.army.mil.

Hunting News

Camp Bullis gun hunting times are Saturdays and Sundays at 4:30 a.m. and 1:30 p.m. Refer to the

Camp Bullis Hunting Guide on the Web at www.fortsamhoustonmwr.com/rfd/campbullis. Bow hunting continues Thursdays through Mondays at 5:30 a.m. (closed Tuesdays and Wednesdays). For more information, call 295-7577 or 295-7529.

Intramural Fall Bowling Leagues

Letters of intent are due by Dec. 6, a coaches meeting is Dec. 13 and the season starts Jan. 10. For more information, call Earl Young at 221-1180 or e-mail earl.young@samhouston.army.mil.

Dining and entertainment

Officers Club

Turkeys and Hams To Go

Orders will be taken through Nov. 18. Prices are \$38.95 to \$79.50; no pick-ups after 3 p.m. Nov. 24. Call 224-4211 to place orders.

New Year's Eve Party

Celebrate New Year's at the Officers Club. Dinner is from 6:30 to 8 p.m. and breakfast from 12:30 to 1 a.m. Prices are \$35 per person and \$60 per couple. Reservations are required. For reservations, call 224-4211.

Seafood Buffet

A seafood buffet is Nov. 19 from 5:30 to 8 p.m. Cost is \$11.95 for members and \$13.95 for non-members.

Sunday Brunch

The Officers Club hosts a Sunday Brunch Nov. 21 from 10 a.m. to 1:30 p.m. Cost is \$11.95 for members, \$13.95 for non-members, \$5.95 for children from 7- to 11-years-old and free for children 6 and younger.

Sam Houston Club

Thanksgiving Buffet

A Thanksgiving buffet is Nov. 25 from 11 a.m. to 3 p.m. Enjoy a traditional Thanksgiving dinner with all the trimmings. Cost is \$13.95 for members, \$15.95 non-members, \$6.95 for 7 to 11-year-olds and free for children 6 years old and under. Reservations are required. Call 224-2721 to make reservations.

Golf Club

Mulligan's Snack Bar

People can eat lunch seven days a week from 11 a.m. to 2 p.m. Stop by for a breakfast buffet Saturdays and Sundays from 6:15 to 10 a.m.

Bowling Center

Bowling lessons

Bowling lessons are Tuesdays; lessons are free to league bowlers and \$25 for non-league bowlers.

Family Bowling Day

Sundays are Family Bowling Day. Adults and children 12 years old and older pay \$1.75 per game (children under 12 bowl free). Shoe rental is \$1.

Soldier Appreciation

Soldier Appreciation is Saturdays from 11 a.m. to 8 p.m.; free shoe rental and medium soda with purchase of game.

Cyber Bowl

Cyber Bowl is Saturdays from 8 to 10 p.m. Cost is \$10 per person and \$5 per person under 12 years old.

Harlequin Dinner Theatre

"Harvey," a comedy by Mary Chase, will be performed Wednesday through Dec. 18. Call the box office at 222-9694 for show times and tickets.

MWR Ticket Office

The Morale, Welfare and Recreation Ticket Office has tickets for "Hairspray" Dec. 2 to 5. The office also has Disney and Universal Studios tickets, and 2005 Entertainment Coupon Books. Additionally, 2005 season passes for Sea World and Fiesta Texas are now available. Rampage hockey tickets are available for the Dec. 4 game; prices are \$11 and include a hotdog, soft drink and ice cream. For more information, call 226-1663 or go to http://www.fortsamhoustonmwr.com/bod/mwr_ticket_office.asp.

Muscle man



Photo by Alexandra Nordeck

Andre Gholson lifts 450 pounds to win his weight category at the Bench Press Contest Saturday at the Jimmy Brought Fitness Center. The bench press contest is just one of many fitness center events. For more information, call the Fitness For Your Life Office at 221-2020 or go to www.fortsamhoustonmwr.com.

CHILD AND YOUTH SERVICES

Youth Happenings

Free After School Program

Youth Services offers an after school program for sixth through ninth graders weekdays until 6 p.m. YS will pick up children from either the elementary or junior/senior high school. Students go to the Youth Center, have a snack, work on homework, participate in clubs and do fun, innovative projects. They can join the 4-H club, photography club, a computer technology club and a variety of other clubs. YS can add areas of interest that appeal to parents and students. Students must be registered with Child and Youth Services, which has an \$18 annual fee, but the after school program for middle and high school students is free. For more information, call 221-3502.

Youth Services Seeks Volunteers

Youth Services is looking for volunteers to assist with youth programs, including coaches, computer-skilled people, people with craft hobbies or anyone who just cares about kids. For more information or to volunteer, call the Youth Center at 221-3502.

Open Recreation

School Age Services (kindergarten through fifth grade) offers after school opportunities and hourly care options. Hourly and open recreation must be reserved in advance by calling School Age Services at 221-4466. Children must be registered through Central Registration prior to using the School Age Program. To register, call Central Registration at 221-4871 or 221-1723.

Saturday Open Recreation

First through 12th graders can participate in open recreation at the Youth Center Saturdays. First through fifth graders meet from 3 to 8 p.m., sixth through eighth graders from 3 to 10 p.m. and ninth through 12th graders from 3 to 11 p.m. Activities include computer lab, arts and crafts, basketball, pool, ping-pong and movies. People must be registered with Child and Youth Services to attend. For more information, call 221-3502.

Saturday Shuttle

Youth Services offers a Saturday shuttle to and from the Youth Center. There is no cost but parents with children 9 years old and younger must wait for the van and sign them in and out. The shuttle schedule is:

- 3 p.m. - leave the Youth Center
- 3:07 p.m. - Gorgas Circle (picnic tables)
- 3:10 p.m. - Schofield/ Dickman on Schofield
- 3:15 p.m. - Reynolds and Dickman on Reynolds
- 3:20 p.m. - Officer’s Club tennis courts
- 3:25 p.m. - Artillery Post Road at bus stop
- 3:30 p.m. - Easley/ Infantry Post at bus stop 660
- 3:42 p.m. - Patch Road (playground)

- 3:46 p.m. - Patch Road (shoppette parking lot)
- 3:50 p.m. - Foulois/ Scott Road Harris Heights
- 3:54 p.m. - Forage/ Foulois
- 4 p.m. - Powless Guest House

The return shuttle will leave the Youth Center at 7:30 p.m. for those in fifth grade and below. There is also a shuttle that leaves at 9:30 p.m. for those in Middle School and at 10:30 p.m. for those in ninth grade and up. These shuttles are for youth who live on the installation.

Parents Wanted!!!!

Parents are invited to come to the Youth Center every third Saturday of the month from 6 to 9 p.m. to join the Youth Center staff and the teens and middle school youth in a game of basketball. Parents and staff try to outmaneuver the teens and score a few baskets. Refreshments are provided. For information, call the Youth Center at 221-3502.

Instructional Classes

If you are interested in instructional classes such as Tae Kwon Do, piano, quarterly babysitter training or gymnastics, call 221-4882 or 221-4871/1723. For babysitter training or information, call 221-4871 or 221-1723.

Piano Instructor Wanted

Youth Services seeks a certified piano instructor willing to teach first through 12th graders. Instructor must be able to teach on weekday afternoons and evenings or Saturdays. For more information, call the Youth Center at 221-3502.

Tae-Bo Classes

Youth Services offers Tae-Bo Wednesdays from 4:15 to 4:45 p.m. at the Youth Center. Classes are held in the gym and all youth are welcome to attend. The class is free. For more information, call the Youth Center at 221-3502.

Alternative Dance Class

Come join the Youth Services staff and volunteers for the next dance craze. The class includes salsa, hip hop, swing, country line dancing and more. Classes are Tuesdays from 5 to 5:30 p.m. For more information, call 221-3502.

Dance Classes

Dance classes are offered Saturdays at the School Age Services, Bldg. 1705. The following class times are available:

- 9:30 to 10:10 a.m. – 3- to 4-year-old ballet, tap and jazz class
- 10:10 to 11 a.m. – 5- to 7-year-old tap, ballet and jazz class
- 11 to 11:50 a.m. – 4-years-old and older cheerleading class
- 11:50 a.m. to 12:50 p.m. – 8-years-old and older jazz and hip hop class

The cost is \$26 for 40-minute classes, \$28 for 50-minutes classes and \$30 for 60-minute classes. For more information or to sign up, call 221-3502 or 221-4882.

Aerobics

Youth Services offers a youth aerobics class Thursdays from 5:30 to 6 p.m. in the

Story time



Photo by Elaine Aviles

Shawn Lowery, Family Child Care provider, reads “Rainbow Fish” Tuesday to 2-year-old E.J. and 3-year-old Rosanjelica Torres-Luna. FCC offers home-based child care for children from 4 weeks to 12 years old on and off post with certified providers. For more information, call Child and Youth Services Central Registration at 221-4871 or 221-1723.

Youth Center gym. For more information, call 221-3502.

Cooking Classes

Youth Services offers cooking classes Thursdays from 4 to 6 p.m. at the Youth Center. This week the class will make pumpkin face cookies. For more information, call 221-3502.

Basketball Registration

Youth Services basketball registration will run through Nov. 30 from 10 a.m. to 7 p.m. for 3- to 18-year-olds. The cost is \$45 for the first child and \$40 for siblings. For 3- and 4-year-olds, the cost is \$25 per child. Practice begins in December and games in January. A birth certificate, physical and CYSD registration are required to register. For more information, call 221-5513 or 221-3502.

Basketball Cheerleaders

Youth Services will have cheerleaders for basketball this year. Registration will run through Nov. 30 from 10 a.m. to 7 p.m. The cost is \$20 for the first child and \$15 for siblings. Space is limited and cheering will be for home games only. Uniform will be T-shirts and black shorts. For more information, call 221-3502.

Youth Opportunities

Sixth through 12th graders seeking after school and weekend opportunities can call Youth Services at 221-4882 or CYS Central Registration at 221-4871.

Parent News

FCC Openings

Family Child Care offers home-based child care for ages 4 weeks to 12-years-old on and off post with certified providers.

Types of care are full day, part day, before and after school care, hourly care,

extended hour care and long term care. Referral information and child registration are available at Child and Youth Services Central Registration, 221-4871 or 221-1723.

FCC is looking for family members interested in becoming certified FCC providers to offer home-based child care. There is a no-cost start up plan. FCC will conduct training for new providers Nov. 15-19 from 8 a.m. to 4 pm. For more information, call 221-3820 or 221-3828.

PCI Headstart

Parent Child Incorporated/ Headstart program is currently taking applications.

PCI/Headstart is a federally funded program on post that provides free child-care. Patrons must meet federal guidelines. For more information, call 221-3788 or 221-3835.

CDC Wait List

If your child’s name is on the wait list for full time day care at the Child Development Center, check your status on the wait list from the day you complete the form; otherwise your child’s name will be purged from the list. To check your status, call Central Registration at 221-4871 or 221-1723.

CDC Openings

The Child Development Center has full-time day immediate openings for 3- to 5-year-olds. To register, call Central Registration at 221-4871 or 221-1723.

CYS Meeting

CYS Parent Advisory Council will meet Tuesday, 11:30 a.m. to 12:30 p.m. at the Child Development Center, 2530 Funston. Lunch will be provided. This is CYS parents’ opportunity to learn of upcoming events, meet staff and address concerns.

COMMUNITY LINK

Happenings

Buffalo Soldiers ceremony

“Buffalo Soldiers” Veterans Day Commemorative Ceremony will be Thursday at the San Antonio National Cemetery, 517 Paso Hondo, from 1:30 to 2:30 p.m. The speaker is Chaplain (Col.) Edward Maney, Fort Sam Houston Installation chaplain.

Air Force Village I opens

Air Force Village I has opened its doors to all honorably separated officers, their spouses, widows and widowers, and family members age 62 and older. Call (800) 762-1122 or www.airforcevillages.com.

Veterans Day dinner

The Leukemia and Lymphoma Society’s Team in Training will host a dinner and silent auction on Veterans Day, Thursday, at The Prickly Pear Southwest Bistro and Bar, 17776 Blanco Road, from 6 to 8 p.m. Tickets are \$35 and include dinner and door prize entry. Non-attending tickets are also available for \$35 and will earn a chance at a door prize. For tickets and more information, call Lt. Shawna Maley at 221-2028.

VFW fish fry

Active-duty people, families and veterans, are invited for a fish fry at VFW Post 8541 Friday from 5:30 to 7:30 p.m. Cost is \$5. For more information, call 655-2944.

Texas Walk

The Trinity Trekkers volk-march club is hosting its first annual 10-kilometer (6.2 mile) and 5-kilometer walks in Seguin, Texas, Saturday and Sunday. Start between 8 a.m. and noon Saturday and between 9 a.m. and 12 p.m. Sunday at the Gazebo at the Seguin-Guadalupe County Fairgrounds. For more information, call David Toth at 521-8684, or e-mail dnt@stic.net.

Spouses Club luncheon

The Officer Civilian Spouses Club luncheon will be Tuesday at 11 a.m. at the Fort Sam Houston Officers Club. The luncheon features WOAI’s chief meteorologist Jennifer Broome. For more information, call Sigrid Reitsetter at 226-8806 or e-mail her at sigridreitsetter@amedd.army.mil by noon Friday with your reservation.

Cash and carry sale

Items of property will be sold from 8 a.m. to 3 p.m. Wednesday in Bldg. 4191, Bay “E.” Cash and checks with picture ID will be acceptable forms of payment. All sales are final and property is sold “as is.” The items are from the previous sale and have been reduced in price. Items available for sale include microwave ovens, blankets, writing desk, desk chairs, nightstands, TV armoires, dressers, headboards, wingback chairs, love seats,

tables, wall art and more. All property listed is subject to continued use prior to sale. For more information, call Lonnie O’Haver at 221-4449/4950.

Pony Express ceremony

The 16th Annual Pony Express Christmas Courier Swearing-In Ceremony is Nov. 20 at the U.S. Post Office, downtown across from the Alamo, at 10 a.m. Admission is free and open to the public.

Christmas Along the Corridor

The Alamo Area Council of Governments and the Alamo-La Bahia Corridor Committee invite the public to the 16th annual Christmas Along the Corridor Grand Finale and Fair Dec. 4 from 1 to 5 p.m. at MacArthur Field, Fort Sam Houston. Christmas Along the Corridor is a 150-mile celebration of history, heritage and the holidays as 120 Pony Express Christmas couriers carry proclamations to the communities in the seven counties of the Alamo-La Bahia Corridor and other segments of the Camino Real de los Tejas to San Antonio. The Pony Express Courier Run Grand Finale presentation begins at 2 p.m. Entrance to activities is free and open to the public. Enter Fort Sam Houston via Walters Gate off Interstate Highway 35 (picture ID required). For more information and an up-to-date schedule of events, visit AACOG’s Web site at www.aacog.com/tourism.

Volunteer

Free trip for OIF, OEF veterans

Soldiers can earn a free trip back home, courtesy of the Army, to Michigan, Indiana, Ohio, Minnesota, Wisconsin, North Dakota, South Dakota or the Chicago area. The 3rd Recruiting Brigade at Fort Knox, Ky. is looking for volunteers to speak at Midwest schools. Soldiers willing to share their job training and experiences with students can call Mark Edwards at (502) 626-0698.

BAMC seeks volunteers

Brooke Army Medical Center is looking for active and upbeat volunteers to be “Partners in Healing.” BAMC wants volunteers who understand the hardships of coping with illness or injury and who empathize with the special needs of patients. BAMC offers 130 positions to match each volunteer’s skills and interests. To volunteer, call the Office of Volunteer Services at 916-5083.

Warrant officers needed

The U.S. Army is looking for highly motivated Soldiers, Marines, Sailors and Airmen to fill its warrant officer ranks. Positions are open in all 45 spe-

cialties for those who qualify. Applicants with less than 12 years active federal service are encouraged to apply. For more information and forms/documents required to apply, visit the Web site: www.usarec.army.mil/warrant or call DSN 536-0484/0458/0488/0478/0271/1860. The toll free number is 1-800-223-3735, ext. 6 and the last four of the phone number.

Caremobile Drivers needed

Caremobile drivers work four hours a week using an electric cart to transport patients from the Brooke Army Medical Center parking area to the entrance of the hospital. Walking the distance of the large parking area in the heat or rain is often difficult for a parent with a sick child, patients undergoing cancer treatments, orthopedic patients and the elderly. If you would like to transport grateful patients, please call the Office of Volunteer Services at 916-5083.

Eczema study

The Brooke Army Medical Center dermatology clinic seeks patients 2 to 12 years old with a history of eczema for a research study. For more information, call Crystal Triplett, research coordinator, at 916-3931.

Professional Development Sponsorship training

Army Community Service offers sponsorship training Nov. 18 from 2 to 3 p.m. at the Roadrunner Community Center, Bldg. 2797. For reservations, call the ACS/Relocation Program manager at 221-2418. Army Community Service can also conduct sponsorship training upon request.

AFTB open house

The Fort Sam Houston Army Family Team Building Program is hosting an open house for all master trainers residing in the FSH community. Whether you are active with the Fort Sam Houston program or not, please join us for dessert Nov. 22 from 7 to 8 p.m. at the Roadrunner Community Center. Family members are welcome.

Free computer training

The Employment Readiness Program has morning and afternoon session openings for family members seeking computer training for the job market. Automated training is available for Microsoft Office software, accounting, customer service, clerical and typing skills (typing instruction also available in Spanish). For more information or to register, call Katja Lunsford at 221-0427 or Josie Gonzales at 221-0516. A valid military family member ID card is required.

Job search assistance

The Employment Readiness Program offers job search assistance to family members. Services include job search, resume writing, interview preparation, skills testing and more. For more information or to make an appointment, call Katja Lunsford at 221-0427 or Josie Gonzales at 221-0516. A valid military family member ID card is required.

Meetings

Lone Star Chapter

The Lone Star Chapter of the U.S. Army Warrant Officer Association meets at 7 p.m. on the third Monday of each month at VFW Post #8541, 2222 Austin Highway (between Eisenhower and Walzem Road). All active duty, retired, Reserve, National Guard and family members of current or

former Warrant Officers are invited to attend. For additional information, contact Chief Warrant Officer Matthew Watterson at 295-8773 or e-mail matthew.watterson@us.army.mil

Officers’ Wives and Widows Club

The Retired Officers’ Wives and Widows Club meets at 11 a.m. on the fourth Monday of every month at Fort Sam Houston Officers Club. For reservations, call Arline Braswell at 822-6559.

Association seeks members

The Alamo Silver Wings Airborne Association seeks members for their organization, VFW 9186. Join the spirit and tradition of airborne. Meetings are every third Thursday. For more information, call Joe Turella at 657-0028.

2004

SINGLES IN THE HOLIDAYS

Holiday Ball

FORT SAM HOUSTON - NCO CLUB

1800 Friday, December 10, 2004

\$22.00 Per Person Includes:
Dinner and Dessert
Wine
Entertainment and Door Prizes

Ticket Sales Through
December 3, 2004

Military: Formal Military Uniform

Civilian: Formal Evening Attire

Please Bring a New Unwrapped Toy, in Support of Holiday Helping Hands!

HOLIDAY BALL MENU

\$22.00 PER PERSON

Chicken Breast on a Bed of Walnut & Raisin Dressing
Topped with Cranberry Sauce
Medallion of Solein
Topped with Maitre'd Butter
Garlic & Cheese Mashed Potatoes
Prince William Vegetables
Black Forest Cheesecake Drizzled with Raspberry Sauce

ALL ENTREES INCLUDE

Spring Mix Salad, Glass of Chardonnay, Dinner Rolls and Butter, and Ice Tea

VEGETARIAN PLATE

Penne Pasta with White Wine Sauce
Grilled Zucchini & Sautéed Portobello Mushrooms

RESERVATION

Turn in reservation along with full payment for ticket(s)
(Please print and return to your CSM / SGM / activity representative)

NAME: RANK: UNIT/ORG:

SPOUSE/GUEST NAME: PHONE:

Meal Selection

M V

M V

SUBMIT NLT COB 3 DECEMBER 2004
MAKE CHECKS PAYABLE TO: INSTALLATION HOLIDAY BALL



PRESENTS

CLINT BLACK

NOV 11 • 7 P.M.

LACKLAND AFB AMPHITHEATER



FREE

ADMISSION

Event is open to all authorized DoD ID card holders and military personnel only.

Bring your blankets & lawn chairs for a fun filled night with Clint Black!
Concessions will be available.
(No video cameras, coolers, backpacks or pets allowed on amphitheater grounds.)
Call 671-3906, for more information.

This show is a presentation of the Robert and Nina Rosenthal Foundation, Inc., a California non profit corporation. This event is not open to the general public.



Need an ID Card?

The ID Card Office located in Bldg. 367, accepts appointments in the afternoon from 1 to 3:30 p.m., Monday through Friday. Normal walk-ins are between the hours of 7:30 to 11 a.m., daily. To schedule an appointment, call 221-2278 or 221-0415. You can also obtain an ID card at the Brooke Army Medical Center ID Card Office, located in the lower floor within the TRICARE Office. To schedule an appointment, call 916-0838.



FORT FREEBIES

Freebies are published on a first come, first serve basis. Commercial advertisements are prohibited. The deadline is noon Monday. Freebies are intended for personal household goods and privately owned property, and may only be submitted by active, retired or reserve component military members and civilian employees working on Fort Sam Houston. To submit paid classified ads or commercial advertising, call Prime Time at 453-3300. To submit a Fort Freebie, e-mail to: news.leader@samhoustonarmy.mil or fax to 221-1198. Ensure your military/Fort Sam Houston civil service status, phone number and name appears on request. Limit of five items per entry.



For Sale: Beautiful hand carved oriental wooden screen (room divider) carved on both sides, \$325; king-size bed complete with mattresses, \$125; antique sewing machine, \$75; and entertainment center, black, \$20. Call 490-8786.

For Sale: Mindota trolling motor, Enduro Pro series, 30-inch shaft, 32-pound thrust, hand control, five-speeds forward, three-speeds reverse, like new condition, \$75 obo; Minolta Maxum 5000i SLR camera with AF 50 lens, \$150; and telephoto lens for the camera, AF 80-200 with 4.5-5.6 lens, \$50. Call Mac at 493-0183.

For Sale: Men’s military clothes: camo, seven pants, nine shirts, large chemical protection suit, black coat 44 long, two dress trousers 34 long, boots, misc. hats, T-shirts, rain gear, helmet stuff, all for \$50. Call 659-1120.

For Sale: Lab/chow puppies, kennel trained, dewormed, \$25. Call 389-3193.

For Sale: Old German Shrunk, dark oak, \$300; and child’s twin bed, blue with

light wood, night stand, dresser with mirror and twin mattress, \$150. Call 212-8634 or 219-8631.

For Sale: Total Gym Ultra with accessories and videos, paid \$200, asking \$50; Proform VR 900 EKG exercise bike, paid \$279, asking \$65; Bissel Proheat-Pro-tech carpet shampooer, used once, \$65; ladies Kona Blast mountain bike, paid \$475, asking \$225; 2000 Men’s Trek 8000 SLR mountain bike, 15.5-inch with helmet, paid more than \$1,300, asking \$600 firm. Call 497-2817.

For Sale: Radar detectors: “escort” passport 8500, \$160; “escort” solo s2 cordless, \$150, “beltronics” bel 980, \$100. Call 860-3294.

For Sale: Blue sofa and loveseat with accent pillows, like new condition, slightly oversize, comes with or without three-piece table, pictures per request, all for \$325; GE refrigerator with ice maker, 20.6 cubic feet, \$530; and Panasonic Inverter black microwave, like new, \$50. Call 651-9168. Will help with delivery.

For Sale: Sprint PCS phone (Samsung), \$25; and single bed, headboard, frame, mattress, boxspring, good cond., \$90. Call Sandy at 241-1291.

For Sale: Military Gortex jacket, small regular, excel. cond., \$50 obo. Call 657-6264.

For Sale: Whirlpool white gas dryer, commercial quality, super capacity plus, nine cycles, five temperatures, paid \$450 in May 2002, great deal at \$225. Call 826-4150.

For Sale: 1964 Chevrolet Impala, one owner, four-door, hard top. Call 684-5721 or go to www.carsoup.com.

For Sale: 1985 CJ-7 Burgundy Jeep, American racing rims, too many items to list, hard top, bikini top and soft top along with both sets of doors, very good shape, \$5,500. Call 651-9168.

For Sale: 1970 El Camino SS 396, ground up restoration on rust-free truck, numbers match drive train, 402 cubic inches/350 hp, turbo 400 auto, rally red, 94K original miles, \$21,500 firm. Call 494-8401.

CAREER CLIPS

The Army Career and Alumni Program office provides numerous services to eligible people in transition including job assistance. Information on these and other positions is available to ACAP customers in the ACAP Office, Bldg. 2264 or call 221-1213.

Trading Risk Analyst, San Antonio. Acts as a liaison between the trading, marketing and accounting departments; tracks and reconciles price risk inventory on a daily basis relating to sales, purchases, transfers, exchanges, and secondary costs.

LVN, San Antonio. Must be a graduate from an accredited school of nursing from at least one state or territory in the United States, a health care provider for a minimum of one year prior to employment by the contractor; have and maintain current certification in Basic Cardiac Life Support certified by documentation of training and skills.

Property Administrative Assistant, San Antonio. Responsible for the preparation and control of records, statistics and reports regarding operation, personnel changes; assists in the administration of programs, projects and processes specific to the operating unit served.